Assessing Your Personal Characteristics

Each of us possesses certain personal characteristics – or traits – that make us unique and enhance our ability to perform different tasks successfully.

Review the list below and select the six traits that describe you best. You can add others. Enter them on the lines below. Be sure that there is clear evidence of your accomplishments for the traits you check.

accurate    enthusiastic    persuasive
adventurous expressive physically fit
artistic good attitude practical
assertive hard worker productive
challenging high standards rational
committed imaginative responsible
communicate well imaginative responsive
compassionate independent results-oriented
confident intuitive self-assured
creative kind self-controlled
curious leader self-starter
dedicated levelheaded sense of humor
dependable loyal sensitive
efficient kind sociable
emotional leader stable
energetic levelheaded tolerant
entertaining loyal trustworthy

Do not hallucinate.